



NEW ENGLAND AT A GLANCE

New England is a region which comprises six states of the Northeastern United States: Connecticut, Maine, Mass., New Hampshire, Rhode Island, and Vermont. It is bordered by New York to the west, Long Island Sound to the south, the Atlantic Ocean and the Canadian province of New Brunswick to the east, and the Canadian province of Quebec to the north.

In one of the earliest English settlements in North America, Pilgrims from England first settled in New England in 1620, to form Plymouth Colony. Ten years later, the Puritans settled north of Plymouth Colony in Boston, thus forming Massachusetts Bay Colony. Over the next 126 years, New England fought in four French and Indian Wars, until the British and their Iroquois Confederacy allies defeated the French and their Algonquin allies in North America.

escape

AN ARTISINAL JOURNEY TO
NEW ENGLAND

ACADIA NATIONAL PARK

Acadia National Park is a stunning national treasure on the coast of Maine in the USA. This "Insider's" vacation guide covers all of the best places to see and the towns and villages in the Acadia Region from Bar Harbor on Mount Desert Island to Winter Harbor on the Schoodic Peninsula. Wherever you choose, the views are spectacular and nature abounds. No wonder this is one of the most visited parks in the United States and in all of North America.

Bar Harbor, a small seaside resort on the northeastern side of Mount Desert Island, has a unique symbiotic relationship with Acadia National Park. Together, they are like conjoined twins, both born of the same mother - and she is the land and ocean combined.

Historical roots are at play here, a special blend of salty air and the classic Down East character that is recognized and loved by millions. Together, these "conjoined twins" offer an unforgettable Maine vacation.

YOUR ITINERARY



Frommer's EasyGuide to Boston, Cape Cod and the Islands

Large numbers of Americans supplement their visits to Boston with easily-accomplished excursions to Cape Cod, Martha's Vineyard and Nantucket. Or else they plan vacations to these awesomely-popular Islands whose gateway is Boston. We're proud to group all four destinations into one easily-read, light-to-carry guidebook.



Plum Island Soap Co. Face Moisturizer

Some of the best skiing and snowboarding in the United States can be found in New England. Plenty of deep powder to keep you schussing for hours. But the cold, dry air can take a toll on your face. Plum Island Soap Co.'s buttery moisturizer is formulated for normal to dry skin. It also doubles as a gentle makeup remover. And the light lemon scent will give your winters blais the boot!



6 Chocolate Bar from Dan's Chocolates

Dan is a native New Englander and chocolate is his passion. His creations are old-fashioned in terms of quality but he likes to add a twist of unique flavor. He says his goal is to make his customers' lives a little better and just a bit tastier. Who can argue with that? Dan doesn't believe in cutting corners and his chocolate doesn't contain artificial ingredients, preservatives or high fructose corn syrup. So unwrap, take a bite and enjoy - delicious couldn't be easier!



Nature's Mysteries Roll-on Perfume

Founded by an herbalist, Nature's Mysteries' products come from recipes that were developed over more than a decade. When it comes to pure and natural, Nature's Mysteries means business! They say no to parabens, animal ingredients, animal testing and more. Some of the ingredients were grown organically in their own garden or wildcrafted in Vermont. This roll-on perfume is sure to delight your senses!



True North Maple Vanilla Granola

You won't get very far in New England without bumping into a maple tree. That's why maple syrup is the sweetener of choice in the northeast. This treat from True North is sweetened with - of course - maple syrup and coconut chips. The crunchy mix contains no nuts and it's certified gluten free. Their granola quickly became a hit with the market's customers and after one bite, it will become a favorite of yours, too!



Delights of the Earth Maple Lip Balm

If someone calls you sugar lips when you're wearing this handcrafted lip balm, be sure to correct him or her: "That's maple syrup lips!" It's true. Maple syrup isn't just for pancakes. It can also be the base of a concoction that softens, soothes and conditions your lips while protecting them from the cold north wind that blows from Canada down the Eastern seaboard. Handmade in Westhampton, Massachusetts, the maple scent of Delights of the Earth's Maple Lip Balm gets stronger with continued use.



Bath Essential Natural Body Brush What with harsh winters and a tempestuous ocean as a neighbor, it's no wonder native New Englanders are a hearty bunch. An invigorating dry brush session will get your blood flowing. A classic dry brushing session takes place before a shower and skin is briskly brushed toward the heart, starting with the feet and hands. Dry, flaky skin is brushed off and your lymphatic system is stimulated, revving up your circulation and natural immunity. The result is the softest skin ever and more energy than you're used to during the darkest months of the year.



Lake Champlain Chocolates Rum

Caramel Filled Dark Chocolate Bar Over the years, Vermont legislators and proud residents have lobbied to have their large fresh water lake be designated a Great Lake. Alas, change comes slow and to date, the efforts have not yielded the desired result. But that doesn't diminish the ardor of Lake Champlain's many admirers. Likewise, this Rum Caramel Filled Dark Chocolate Bar's greatness has created a strong fan base. Made in small batches in Vermont, tempting dark chocolate is filled with aromatic dark rum caramel.